

ZURI RITUALS SPA®

*Zanzibar Ayurveda*

BY ZURI RITUALS

SPA PACKAGES



Zuri means

*Beautiful*

in Swahili





*Relax...  
Rejuvenate & Rejoice*

**YOUR LIFE IS WITHIN  
OUR EXPERTS HANDS**

Nature, culture, and tradition find their way to restore your mind, body, and soul. Ayurveda Rituals is more than a spa, it is the essence of tranquillity, both inside and outside.

**Our holistic spa experience combines the practices of the western world with the timeless traditions of Ayurveda to give you an experience that rejuvenates both your mind and body.**

Our spa is located in an exclusive location on the resort premises where the unspoiled serenity of resort complements the purity of our therapies. At Ayurveda Rituals, your physical, and emotional balance is maintained and nurtured.

For those who are more inclined to seek global treatments, our Western and Asian Spa Menus are designed to soothe and heal. While cosmetic therapies like facials and scrubs allow you to keep your skin glowing.



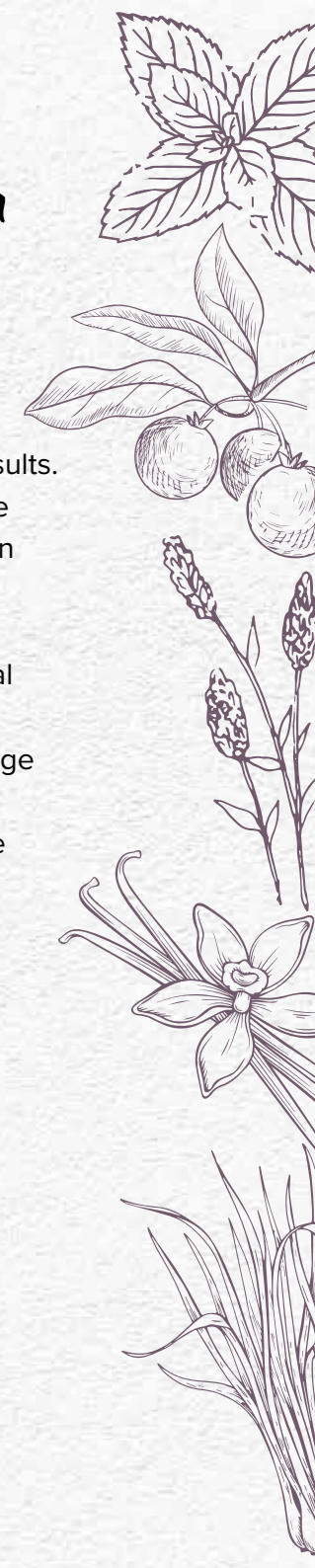
# Rejuvenation

## 3 DAYS PACKAGE

Customized according to body type, the Ayurveda therapies are often combined with yoga and meditation for the best results. Massages, rituals, and purifying baths are included in every wellness package. Even the food served is inspired by Ayurveda.

- 2 Abhyanga with herbal oil and herbal steam (75 min)
- 1 Shirodhara with rejuvenation massage (90 min)
- Tranquility lounge with private plunge pool (60 min)
- Daily yoga classes

**US\$ 350 per person**





# Relax

## 5 DAYS PACKAGE

Located well away from Zanzibar's Stone Town, nestled in the thick greenery of Zanzibar's Seacliff resort, the Ayurveda health retreat Zanzibar is your escape from the monotony and harshness of everyday life. Nature acts as the most effective healer.

- 2 Ayurveda herbal oil massage with steam bath (75 min)
- 2 Ayurveda head massage with Shirodhara (90min)
- 1 hot buddle massage (Kizhi) (60min)
- Tranquility lounge with private plunge pool (60 min)
- Daily yoga classes

**US\$ 500 per person**





# Stress Relieving

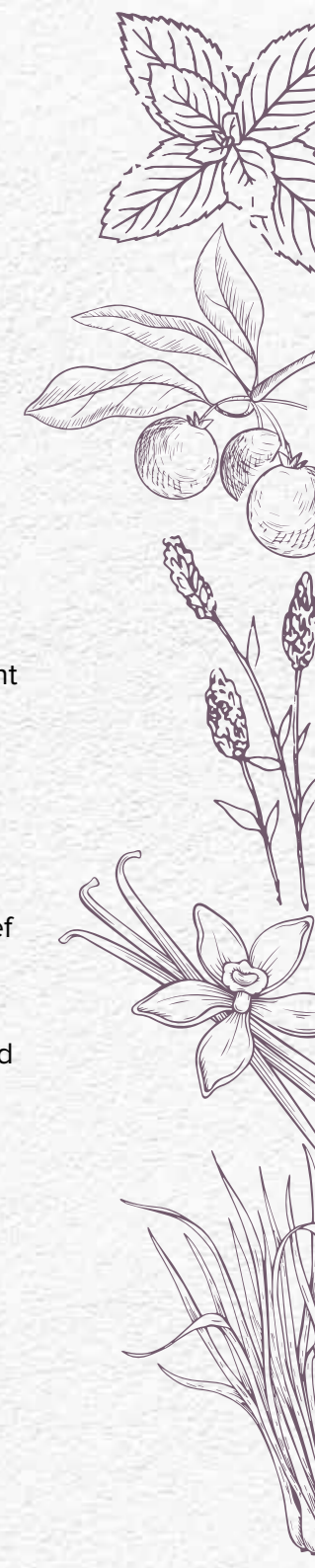
## 7 DAYS PACKAGE

In this fast-paced world, we don't devote considerable time and energy towards the betterment of ourselves. This inevitably takes a toll on the body and mind, leaving a person drained of energy. The need for rejuvenation and relaxation is now felt more than ever. As our mental and emotional health is influenced by the balance of our state of mind, imbalances lead to depression, stress, anxiety, etc. We offer numerous ways for the management and relief of stress. With the help of traditional Ayurveda treatments administered through our therapists, you can be on your way to a healthier and happier life.

Some of the ayurvedic therapies provided by Zuri Ayurveda Retreat as part of stress management and relief treatment include the following:

- 2 Abhyanga (Ayurveda herbal oil massage) medicated steam bath (75min)
- 1 Shirodhara with Ayurveda massage (90min)
- 2 Herbal hot buddle massage (60min)
- 1 Ayurveda head massage with Shirodhara (75min)
- 1 Ayurveda body scrub with steam bath (60min)
- Tranquility lounge with private plunge pool (60 min)
- Daily yoga classes

**US\$ 650 per person**





# Enhance Power

## 9 DAYS PACKAGE

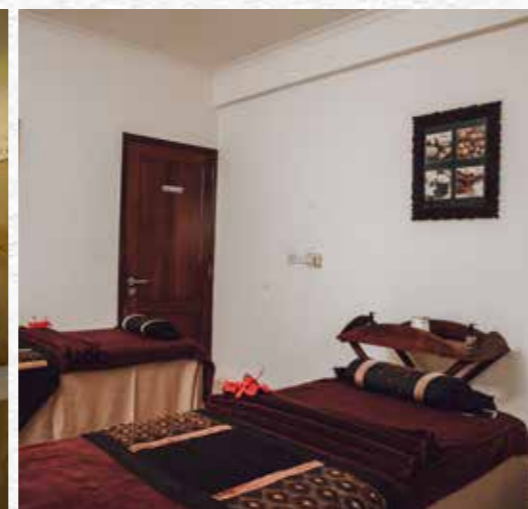
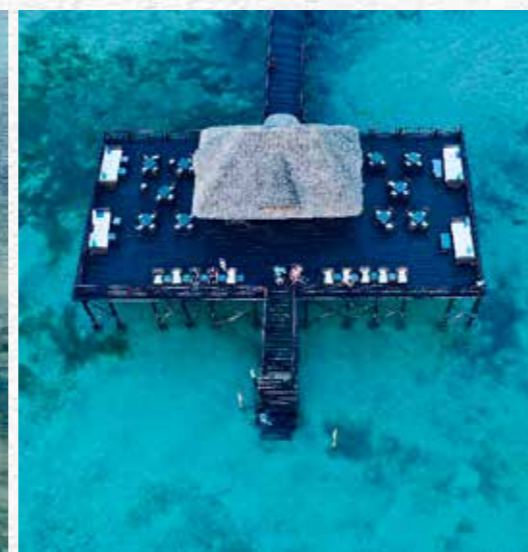
Ayurveda has long played a vital role in helping to reduce chronic stiffness and improve flexibility. According to traditional Ayurvedic medicine, Chronic stiffness can be traced back to an imbalance of any of the three doshas (Vata, pitta, and Kapha).

Kaya-bale Ayurveda treatments enhance muscle strength and decrease tension that builds up within muscles and fascia.

- 2 Full Body Ayurveda Massage with steam (75min)
- 3 Ayurveda massage with Shirodhara (90min)
- 1 Ayurveda massage with Herbal buddle therapy (Kizhi) (90min)
- 2 Ayurveda herbal scrub and Ayurveda facial (75min)
- Ayurveda Rice buddle massage (navarakizhi) (60min)
- Tranquility lounge with private plunge pool (60 min)
- Daily yoga classes

**US\$ 900 per person**





## SPA POLICIES

### RESERVATIONS FOR IN-HOUSE GUESTS & DAY VISITORS

Kindly dial through to the reception and ask to be connected to the spa, or visit us and book your appointment in person. We require only your full name and room number.

When you schedule your appointment/s with us, you are agreeing to our scheduling and cancellation policies.

### CHECK IN

Kindly arrive 15 minutes prior to your scheduled appointment. This will allow ample time to fill out a client profile necessary to tailor our services to your personal needs.

### FACILITIES

We invite all of our guests receiving spa treatments to make full use of our relaxing environment. Come early, stay for a while, bring a book or relax and enjoy our private sauna, steam room & pool facilities.

\*As a sign of respect for your fellow spa visitors, bathing suits are mandatory when using our facilities

### RIGHT OF ADMISSION

All minors, under 18 years of age require a parent/guardian to sign an indemnity form on their behalf.

### PRICING

Our treatments and retail product prices are fixed & non-negotiable. Thank you for understanding.

### SCHEDULING AND CANCELLATION POLICIES

We value your presence and ask that you respect our availability and our staff's time by adhering to our scheduling and cancellation policies:

- Should you need to cancel or reschedule, please notify the spa directly at least 5 hours prior to your scheduled appointment time.
- Cancellation with less than 5 hours of notice or 'No Shows' (clients who miss their appointments without giving prior notification) are subject to a cancellation fee amounting to 50% of the cost of the scheduled services, as priced on this menu.
- You will not be billed/charged without your presence unless there is a cancellation or no show as stated above.
- The holder of the credit cards/gift certificate/room bill is liable for the cancellation charges if applicable, by proceeding with an appointment he/she agrees to these terms.
- Upon check out, guest may choose their method of payment (credit card, gift certificate or room charge)
- Please advise us at time of booking of any health conditions, allergies or sensitivities to aromas or ingredients, injuries, recent surgeries, pregnancy or special needs which may affect your services.

### PROFESSIONALISM

Our therapists are here solely to help improve your wellness and relaxation. Please respect the local culture by not behaving indecently or requesting services not listed on our menu.





**RESERVATIONS**

For more information,  
Spa Tel & Extension: 2025  
Tel: +255(0)767 702 241-9  
+255(0)774 411 128



ZURI RITUALS SPA®

**ZURI RITUALS**

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